

## Life in Saarbruecken for CISPA researchers and their families

**CISPA aims to provide researchers and their partners and families with a great living environment.**

**Settling in.** Moving to a new city brings along new challenges. This is why CISPA will provide assistance in every step you need to take for moving to Saarbrücken and will help you with any tasks of your relocation. We will offer help with your visa application, health insurance registration, residence permit, bank account and other German authorities. We will also provide services in order to help you establish an infrastructure for your well-being, including medical services, fitness clubs, hairdressers, local bars, restaurants and cinemas.

**Housing.** Most CISPA researchers and staff members live in Saarbrücken or in one of the surrounding areas. Saarland offers a range of different living environments, so every family will find a home that suits their needs. Housing in the region is very affordable. The current average rental rate of a 30 sq. metre apartment is 9,80 EUR per sq. metre, of a 60 sq. metre apartment 7.50 EUR per sq. metre, of a 100 sq. metre apartment 7.50 per sq. metre as well. CISPA offers, whether you are coming alone or with a partner and/or your family, to assist you in finding a new home that makes you feel welcome and comfortable in Saarland.

Source: <https://www.wohnungsboerse.net/mietspiegel-mietpreise>

**Work.** If you move to Saarbruecken with your partner, CISPA will support dual careers by providing a palette of services to support your partner with the job search. We will provide you with information on employers in the region, a broad network of local contacts and advice on resumes and the local job search. The university and the nearby Max Planck Institute for Informatics offer language courses in German and we will help you and your partner getting a spot there if needed.

For new employees with families, we offer flexible working hours and the opportunity for mobile working when necessary, for example, when you need to drop off your children at kindergarten or you need to work from home when the day care center is closed for the holidays.

**Family.** When you are moving abroad with a whole family, there are many aspects to take into account. However, we have experienced people who will help you with all the challenges and make sure that you and your family will feel at home very quickly. When your children are still young, we offer a list of babysitters to help you in your daily tasks and to give you time for other things. To make your children feeling at home in Saarbrücken, it is recommendable to put them into a German-speaking environment soon. Saarbrücken offers several excellent primary and secondary schools, kindergartens and day-care centers. For children who are facing their high school graduation: German universities are free, enabling students of all ages to enhance their skills and kick-start their careers.

**Leisure time.** Saarbrücken is the capital of Saarland, and is a lively city that offers festivals, operas, and student life. It is also the region's center for shopping, for sports and other leisure activities such as cultural events, theatre and culinary experiences. Plus, Saarbrücken is surrounded by beautiful natural forests and is known for the large amount of hiking and biking routes. ...

Saarbrücken offers a lot of outstanding restaurants with different cuisines and the Nauwieser Viertel offers the lively atmosphere of a student quarter. One of the main mottos in Saarland is "Hauptsach gudd gess!" It means: "The most important thing is good food". Saarland is the culinary capital: several star chefs contribute to our region's status as a gourmet country. In hardly any other state, you will find so many brilliant chefs.

### **Buddy System.**

The first connections and exchanges with your new colleagues will happen quickly. However, in order to make your local network grow fast and to make you feel integrated soon, we will provide you with a personal contact buddy at CISPAA who will try to answer all your questions and help you with any issues you have. Your buddy will also be responsible for helping you settling in quickly. In addition, each research group at CISPAA offers weekly group lunches to help you socialize with your new colleagues. Apart from this, we will host an event for new CISPAA members and their families and friends every three months to get to know each other and the Saarland. We will also send you regular information about upcoming interesting events.